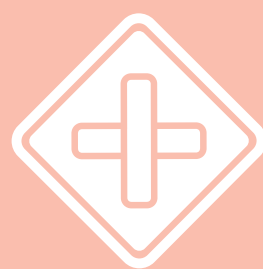




ACTS CHURCH  
21-DAY PRAYER & FAST



Acts Church  
*Helping People Believe*

# AS YOU COME INTO 21 DAYS OF PRAYER AND FAST, HERE ARE SOME GUIDES:

## A DAILY APPOINTMENT WITH JESUS

Jesus longs for us, His Bride, to come to His side (Song of Solomon 2:10).

As we spend time and abide in Him,

- We bear Fruit (John 15:4)
- We find our Way out of difficulties (Hebrews 4:16)
- We find the Truth that sets us free (John 8:32)
- We find Life out of what has died (John 14:6)

## A DAILY HEART OF THANKSGIVING

- Rise up with Thanksgiving and Praise each day (1 Thessalonians 5:18)
- Have a Prophetic and an Eagle's perspective of each situation, whether personal or national.
- Let the Holy Spirit birth prayers that flow from the Father's will.

## A DAILY COMMITMENT TO PRAY

- Jesus is the Answer for our Nation's needs.
- He is the Solution to our struggles with sickness, relationships, financial problems, etc.
- As we pray daily, may His life, purity, power, compassion and forgiveness be poured out on His people at every level of our society (John 10:10).

## A DAILY OBEDIENCE TO ACT

**Faith without action is DEAD (James 2:17, 20).**

- Act to break the lethargy of inaction!
- Move with passion and creativity to obey the Spirit's prompting.
- Be conductors of God's Power and Love to those around us.

# HOW TO ENJOY THE 21 DAYS

Set aside significant time to seek God in prayer and fasting. It may be half-an-hour or one hour. During that special time, spend time in Worship and Word.

## **WORSHIP HIM!**

Sing to the Lord OR sing along to your favourite worship songs.

## **READ ALOUD THE WORD**

—according to the passages assigned for each day in this devotional.

## **PRAY THE WORD!**

Arise in faith, and in the authority of Jesus' Name, claim the promise and power of His Word which is alive and active!

## **ADOPT AN ATTITUDE OF PRAYER**

—as you go about each day's duties at home, at work or at school. Apply what you learn from the Word into tangible actions.

## **SCALE DOWN YOUR NORMAL ACTIVITIES**

Slow down so that you can spend time in prayer & waiting upon the Lord. You can also opt to lessen/fast from media usage, e.g. TV, games, social media.

# HOW TO FAST

## TOTAL FAST

Abstain from solid food for 24 hours.  
*Take only water.*

## 1-MEAL FAST

Sacrifice one full meal a day.  
*e.g. Breakfast, lunch or dinner.*

## PARTIAL FAST

Abstain from solid food for any extended part of the day.  
*e.g. Sunrise to sundown.*  
*Take only water.*

## DANIEL FAST

Abstain from meat and other favourite delicacies.  
*Take only small portions of fresh vegetables, fruits and juices.*

# HOW TO INVOLVE OTHERS

## **FAMILY**

Agree to fast and pray as a family. Decide on the type of fast every member of your household is comfortable with. For family devotion, read and pray the Word given for the day.

## **HOMES**

Fasting together as a Homes is easier than doing it alone. Choose a specific type of fast. Schedule a specific time each day for each member to synchronize prayer as he / she fasts. Yearn for personal and national revival. Cry for God's visitation in your Homes, Acts Church and the community.

## **REVO GROUPS**

Inspire a few members of Acts in your work area, campuses or schools to fast and pray with you. For example, utilize tea breaks or lunch breaks, recess breaks to fast and pray through prayer items together.

# WHAT TO PRAY FOR

## PERSONAL BREAKTHROUGHS

- Regular quiet time & prayer life.
- Personal habits & character development.
- Family life, studies, career, relationships, health, ministry...

## EVANGELISM & MISSIONS

- Salvation of family members and friends.
- God's favour as we invite friends and family to church.
- International church plants – Singapore, Bekasi, Karawaci, Chiang Mai, Myanmar, Botswana, Melbourne, London, Bristol, Edinburgh, Cambridge (Homes).
- Planting of Acts Osaka.
- Growth of Acts Teens Live & Campus City – reaching more youth.
- Rural development programme outreach.

## CHURCH

- For God's presence and anointing.
- SPO, Board of Elders, Pastors.
- Homes Leaders, Dream Team Leaders, Revo Group Coordinators; for new leaders to rise up.
- Local church plants – Central (Subang), Cyber, Nilai, PJ, Ampang, Cheras, Klang, Semenyih, Iskandar

## NATION

- Government: Pray for leaders of the nation.
- Country: Health of the economy social justice system, freedom of religion.
- Righteousness to prevail in the nation.
- Revival for the nation of Malaysia.